"Is it possible to be responsible for the whole of mankind, and therefore responsible for nature? That is, is it possible to answer adequately, totally to your children, to your neighbor, for all the movement that man has created in his endeavor to live rightly. And to feel that immense responsibility, not only intellectually, verbally, but very deeply, to be able to answer to the whole human struggle of pain, brutality, violence and despair? To respond totally to that, one must know what it means to love.

That word love has been so misused, so spoilt, so trodden upon, but we will have to use that word and give to it a totally different kind of meaning. To be able to answer to the whole there must be love. And to understand that quality, that compassion, that extraordinary sense of energy, which is not created by thought, we must understand suffering.

When we use the word understand, it is not a verbal or intellectual communication of words, but the communication or communion that lies behind the word. We must understand and be able to go beyond suffering, otherwise we cannot possibly understand the responsibility for the whole, which is real love.

So, to understand this responsibility for the whole, and therefore that strange quality of love, one must go beyond suffering. What is suffering? Why do human beings suffer? This has been one of the great problems of life for millions of years. Apparently very few have gone beyond suffering, and they become either heroes or saviors, or some kind of neurotic leaders, and there they remain. But ordinary human beings like you and me never seem to go beyond it. We seem to be caught in it. And we are asking now whether it is possible for you to be really free of suffering."